

The panel were taken by Sophie's simple act of volunteering to help others and, moreover, for doing it cheerfully and reliably which was so important when people were dependent on food deliveries at such a difficult and lonely time. Sophie's cheerfulness clearly added much to what might have been a routine task.

From the nomination:

Sophie responded to a call for volunteer delivery drivers for food parcels.

She was totally reliable, very faithful and cheerful in delivering. She knew that delivering food was more than just taking a box; it would be a moment of friendship in what was a lonely time for many.

This was a simple act of friendship and community support but it saved lives and boosted people's health and morale. Sophie is truly a Bournville Star.

