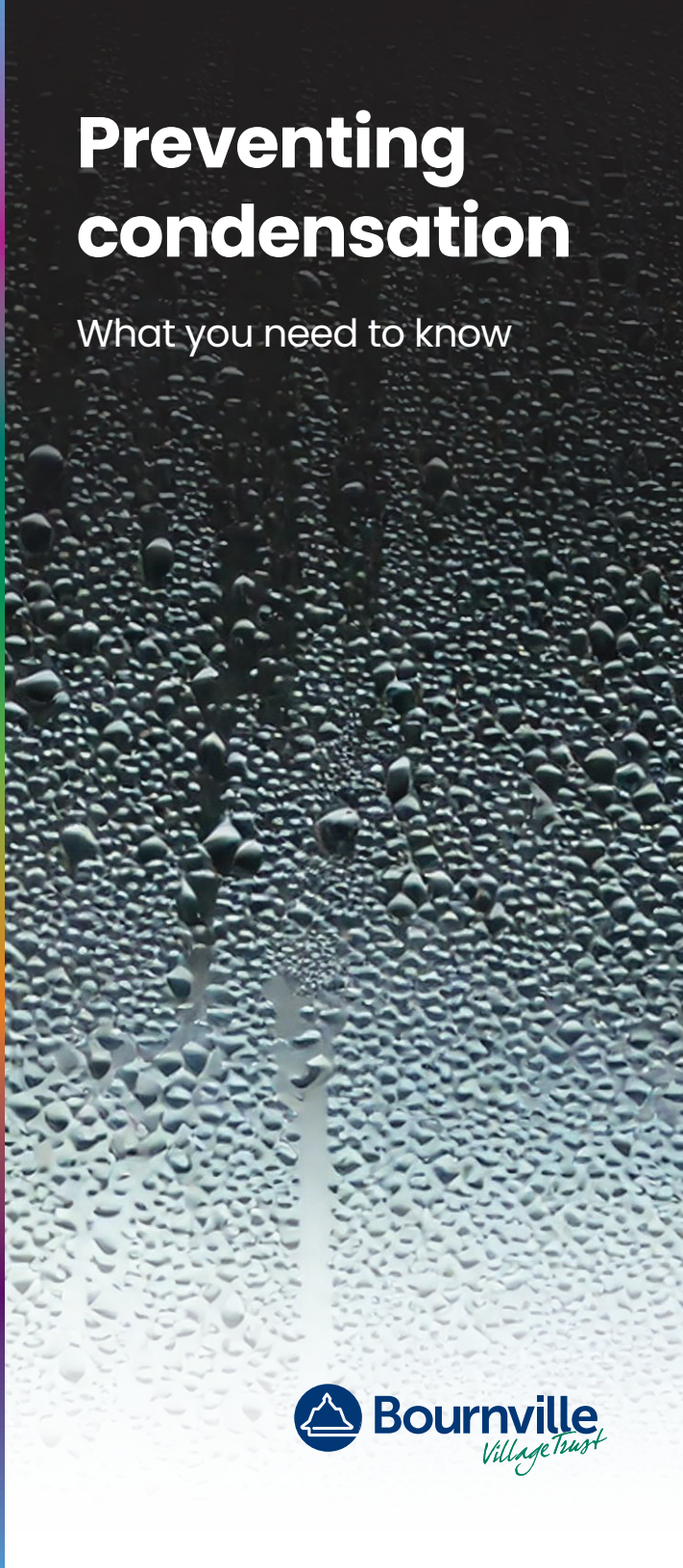
Preventing condensation

What you need to know



Bournville Village Trust

Did you know the best way to prevent condensation in your home is to lower the amount of moisture produced.

It's also important to keep your home as warm and ventilated as possible.

Too much condensation in your home can lead to damp and mould.

This leaflet explains what you can do to lower the amount of moisture in your home.

Here are some top tips to help you lower moisture in your home.

1. **Open windows when cooking, showering/bathing or drying clothes.** This helps moist air to escape from your home.

2. **Turn extractor fans on when cooking or showering/bathing.** This helps to remove extra moisture from the air.

3. **Put lids on pans when cooking.** Not only does it stop extra moisture escaping into the air, but it can save you money on your energy bills.

4. **Keep your home heated.** This helps stop condensation forming on surfaces. We understand heating your home can be more difficult with rises in energy prices. If you're struggling, our Money Matters team can refer you to organisations that can help. For more information, go to www.bvt.org.uk/help-and-support/money-matters-service or call us on 0300 333 6540.

5. **If you can, set your thermostat to the lowest comfortable temperature (recommended between 18 – 21°C).** This helps keep you and your home healthy and energy bills down.

6. **Dry clothes outdoors (if you can).** If you use a drying rack indoors, open a window slightly or turn on an extractor fan to get rid of excess moisture.

7. Move sofas and other furniture away from radiators or heaters. It helps heat travel better around your rooms.

8. Curtains and rugs keep your home warm. Ideally, curtains should stop between the edge of the windowsill and above radiators. Open them in the morning and close at dusk to let warmth in and keep cold out.

9. Check your radiators. Radiator valves control the temperature in each room. You can twist these to a higher setting in rooms you want to be warmer and lower in rooms you don't use often. Typical settings are four to five in living areas and two to three in bedrooms.

10. Close doors inside your home and use draught excluders. This reduces the amount of heat moving into colder areas of your home and helps keep heat in the rooms you use the most.

Got a question or concern about condensation?

For more information about damp, mould and condensation, please go to our website www.bvt.org.uk/your-home/maintaining-your-home/damp-and-mould/

If you're having issues in your home related to damp, mould and condensation, it's important to tell us. You can do this at www.bvt.org.uk/your-home/reporting-a-repair/ or by calling us on 0300 333 6540.

Bournville Village Trust